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### Map of the Regions of Italy

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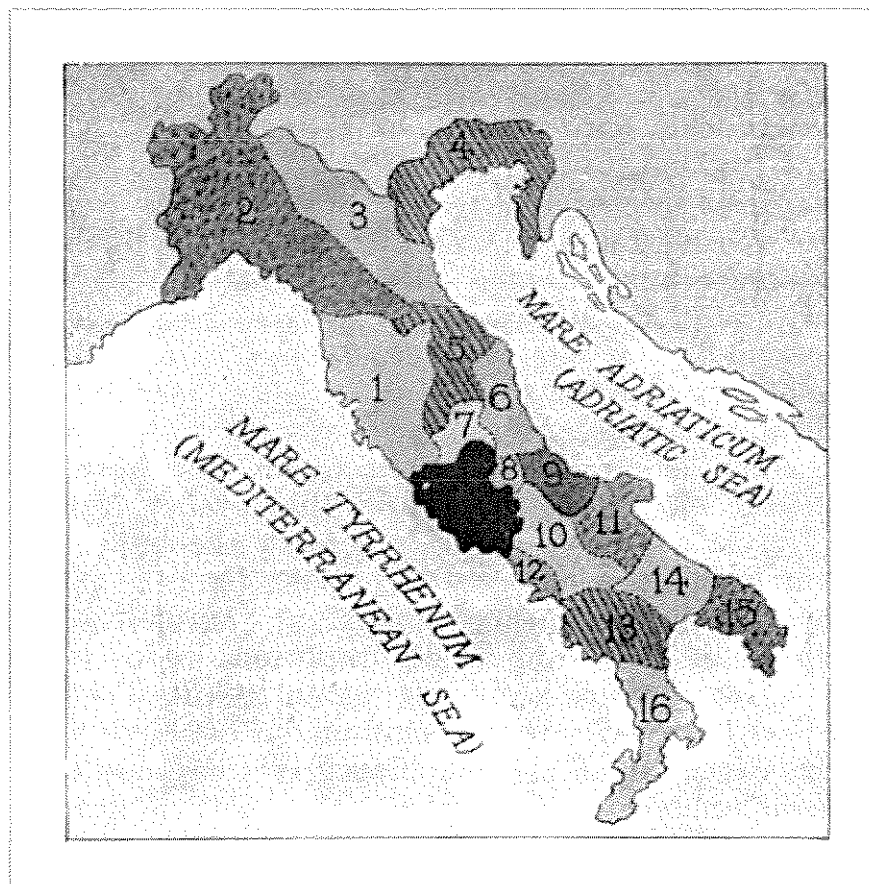
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### Map of the Regions of Italy



Map of the regions of Italy

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This map was created for some other purpose than pointing out the exact regions of ancient Italy, but it lets me approximate the regions. The Aequi, who lived in northeast Latium and the central Appennine Mountains, are in the area of the Marsi on the map and there are many other overlaps. The black area is Latium where Rome is located. Alba Longa was also there, as was [Praeneste](#). Apulia and Calabria were part of Magna Graecia, the Greek area of the Italic peninsula, in its "heel." On the other side of the peninsula, Campania was another part of Greek Italy.

**The Regions of Italy by Number on the Map**

1. Etruria
2. Liguria
3. Cisalpine Gaul
4. Venetia
5. Umbria
6. Picenum
7. Sabini
8. Marsi
9. Frentani
10. Samnium
11. Luceria
12. Campania
13. Lucania
14. Apulia
15. Calabria
16. Brutium

**Regions of Italy Alphabetically**

14. Apulia
16. Brutium
15. Calabria
12. Campania
3. Cisalpine Gaul
1. Etruria
9. Frentani
2. Liguria
13. Lucania
11. Luceria
8. Marsi
6. Picenum
7. Sabini
10. Samnium
5. Umbria
4. Venetia